WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	*Roasted Carrot, Turmeric & Coconut*	*Cauliflower & Bacon*	*Minestrone*	*Cream of Zucchini*	*Root Vegetable*	*Tomato*	*Pea & Buttermilk*
Main Option 1	*Braised Lamb Casserole*	*Pickled Pork & Parsley Sauce*	*Chicken Schnitzel*	*Beef and Red Wine Casserole*	*Grilled Fish w/Lemon Dill Sauce*	*Cornish Beef Pasties*	*Roast Beef*
Main Option 2	*Cheese & Chive Omelette*	*Roasted Vegetable Risotto*	*Pumpkin Pie*	*Vegetable Frittata*	*Cheese & Spinach Cannelloni*	*Veggie Pasties*	*Grilled Salmon*
Soft & Bite-Sized	*Braised Lamb Casserole*	*Pickled Pork & Parsley Sauce*	*Baked Chicken*	*Beef and Red Wine Casserole*	*Grilled Fish*	*Cornish Bake*	*Roast Beef*
Minced & Moist	*Roast Lamb & Vegetables*	*Roast Pork & Vegetables*	*Roast Chicken & Vegetables*	*Beef & Red Wine & Vegetables*	*Fish Fillets w/Citrus Sauce & Vegetables*	*Beef Rissoles & Vegetables*	*Roast Beef & Vegetables*
Pureed	*Roast Lamb & Vegetables*	*Roast Pork & Vegetables*	*Roast Chicken & Vegetables*	*Beef & Red Wine & Vegetables*	*Fish Fillets w/Citrus Sauce & Vegetables*	*Beef Rissoles & Vegetables*	*Roast Beef & Vegetables*
Starch	*Lyonnaise Potatoes*	*Seeded Mustard Mashed Potatoes*	*Chips*	*Parsley Potatoes*	*Mashed Potato*	*Mashed Sweet Potato*	*Roast Potato*
Vegetables	*Brussel Sprouts*	*Savoury Braised Cabbage*	*Steamed Broccoli*	*Zucchini, Tomato & Onion*	*Green Peas*	*Corn*	*Green Beans*
Vegetables	*Diced Carrots*	*Mashed Pumpkin*	*Mashed Carrot and Parsnip*	*Cauliflower Mornay*	*Carrots*	*Green Beans*	*Roast Pumpkin*
Dessert	*Steamed Chocolate Pudding with Pouring Cream*	*Cinnamon Apple Crumble & Custard*	*Tiramisu*	*Mango Cheesecake w/Mango Coulis*	*Impossible Pie Peaches & Cream*	*Honey Roll & Custard*	*Lemon Tart & Cream*
Fruit	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*
Sandwiches	*Assorted*	*Assorted*	*Assorted*	*Assorted*	*Assorted*	*N/A*	*N/A*
Texture Modified Dessert	*Chocolate Pudding*	*Apple Crumble*	*Lemon Mousse*	*Strawberry Cheesecake*	*Jam Pudding*	*Salted Caramel Cheesecake*	*Sticky Date Pudding*

JUICE IS PROVIDED WITH EACH MEAL

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Cream of Chicken	Leek & Potato	Beef & Barley	Tomato & Lentil	Pumpkin	Cream of Chicken	Broccoli & Lentil
Main Option 1	Lamb & Rosemary Casserole	Apricot Chicken	Meat Loaf	Roast Lamb	Tempura Flat Head Tails	Beef Rissoles & Gravy	Roast Pork with Gravy
Main Option 2	Sweet Potato Lentil Patties	Cheese & Spinach Pie	Vegetarian Chow Mein	Pumpkin Risotto	Vegetable Lasagna	Toamto & Cheese Omelette	Vegetable Crepes
Soft & Bite-Sized	Lamb & Rosemary Casserole	Apricot Chicken	Meat Loaf	Roast Lamb	Salmon, Lemon Sauce	Beef Rissoles & Gravy	Roast Pork with Gravy
Minced & Moist	Lamb Chop Souvlaki & Vegetables	Apricot Chicken & Vegetables	Roast Beef & Vegetables	Roast Lamb & Vegetables	Fish in Butter Sauce & Vegetables	Beef Rissoles & Vegetables	Roast Pork & Vegetables
Pureed	Lamb Chop Souvlaki & Vegetables	Apricot Chicken & Vegetables	Roast Beef & Vegetables	Roast Lamb & Vegetables	Fish in Butter Sauce & Vegetables	Beef Rissoles & Vegetables	Roast Pork & Vegetables
Starch	Parsley Potato	Steamed Rice	Scalloped Potatoes	Roast Potatoes	Wedges or Chips	Mashed Potato	Roast Potato
Vegetables	Sliced Zucchini	Green Beans	Peas	Broccoli Mornay	Vegetable Medley	French Beans	Peas
Vegetables	Diced Carrots	Cauliflower au Gratin	Grilled Tomato Wedges	Corn	N/A	Carrots	Roast Pumpkin
Dessert	Chocolate Bavarian	Apple Strudel & Custard	Pear & Ginger Cake & Custard	Lemon Cheesecake & Cream	Orange Marmalade Bread & Butter Pudding	Apricot Sponge & Custard	Pavlova w/Marscapone cream & Mango
Fruit	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Sandwiches	Assorted	Assorted	Assorted	Assorted	Assorted	N/A	N/A
Texture Modified Dessert	Chocolate Mousse	Apple Pudding	Cherry Cheesecake	Lemon Mousse	Apple Crumble	Toffee Pudding	Black Forest Pudding
JUICE IS PROVIDED WITH EACH MEAL							

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	*Cream of Tomato*	*Chicken & Corn*	*Sweet Potato*	*Minestrone*	*Potato & Chive*	*Lamb & Vegetable*	*Tomato*
Main Option 1	*Beef Sausages w/Onion Gravy*	*Roast Beef*	*Porcupine Meatballs*	*Roast Turkey*	*Crumbed Fish*	*Chunky Steak Pie*	*Oven Baked Chicken Thigh w/Honey Mustard Sauce*
Main Option 2	*Cheese Omelette*	*Vegetable Curry w/Lentils*	*Pumpkin & Pesto Pasta*	*Vegetable Fritatta*	*Lentil Patties*	*Chesse Omelette*	*Vegetable Lasagne*
Soft & Bite-Sized	*Beef Sausages w/Onion Gravy*	*Roast Beef*	*Porcupine Meatballs*	*Roast Turkey*	*Salmon, Lemon Sauce*	*Chunky Steak Pie*	*Oven Baked Chicken Thigh w/Honey Mustard Sauce*
Minced & Moist	*Roast Lamb & Vegetables*	*Roast Pork & Vegetables*	*Roast Chicken & Vegetables*	*Beef & Red Wine & Vegetables*	*Fish Fillets w/Citrus Sauce & Vegetables*	*Beef Rissoles & Vegetables*	*Roast Beef & Vegetables*
Pureed	*Roast Lamb & Vegetables*	*Roast Pork & Vegetables*	*Roast Chicken & Vegetables*	*Beef & Red Wine & Vegetables*	*Fish Fillets w/Citrus Sauce & Vegetables*	*Beef Rissoles & Vegetables*	*Roast Beef & Vegetables*
Starch	*Mashed Potatoes*	*Roasted Potatoes*	*Mashed Potatoes*	*Lyonnaise Potatoes*	*Chips*	*Mashed Potato*	*Hasselback Potatoes*
Vegetables	*Zucchini*	*Green Beans*	*Peas*	*Vegetable Medley*	*Steamed Broccoli*	*Savoury Braised Cabbage*	*Zucchini*
Vegetables	*Steamed Pumpkin*	*Roasted Carrot & Parsnip*	*Cauliflower Mornay*	*N/A*	*Corn*	*Baton Carrots*	*Vegetable Mix (peas, corn & capsicum)*
Dessert	*Apple Berry & Custard Danish*	*Charlotte Russe*	*Baked Custard*	*Soft Chocolate Brownie w/Pouring Cream*	*Mango Trifle*	*Cappucino Panacotta*	*Apricot Crumble & Custard*
Fruit	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*
Sandwiches	*Assorted*	*Assorted*	*Assorted*	*Assorted*	*Assorted*	*N/A*	*N/A*
Texture Modified Dessert	*Chocolate Pudding*	*Apple Crumble*	*Lemon Mousse*	*Strawberry Cheesecake*	*Jam Pudding*	*Salted Caramel Cheesecake*	*Sticky Date Pudding*
JUICE IS PROVIDED WITH EACH MEAL							

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	*Pumpkin*	*Broccoli*	*Tomato & Lentil*	*Leek & Potato*	*Hearty Bacon & Corn Chowder*	*Pumpkin*	*Cream of Chicken*
Main Option 1	*Chicken Fillets w/Bacon & Onion Gravy*	*Irish Stew with Potato*	*Corned Beef with Parsley Sauce*	*Chicken, Honey & Soy Meatballs*	*Herb Crusted Grilled Fish*	*Lamb Patties*	*Roast Chicken*
Main Option 2	*Barley Risotto*	*Pumpkin and Sage Totellini*	*Vegetable Layered Slice*	*Zucchini Fritters*	*Vegatable Lasagne*	*Asparagus, Spinach & Feta Quiche*	*Vegetable Patties*
Soft & Bite-Sized	*Chicken Fillets w/Bacon & Onion Gravy*	*Irish Stew with Potato*	*Corned Beef with Parsley Sauce*	*Chicken, Honey & Soy Meatballs*	*Grilled Fish & Butter Sauce*	*Lamb Patties*	*Roast Chicken*
Minced & Moist	*Lamb Chop Souvlaki & Vegetables*	*Apricot Chicken & Vegetables*	*Roast Beef & Vegetables*	*Roast Lamb & Vegetables*	*Fish in Butter Sauce & Vegetables*	*Beef Rissoles & Vegetables*	*Roast Pork & Vegetables*
Pureed	*Lamb Chop Souvlaki & Vegetables*	*Apricot Chicken & Vegetables*	*Roast Beef & Vegetables*	*Roast Lamb & Vegetables*	*Fish in Butter Sauce & Vegetables*	*Beef Rissoles & Vegetables*	*Roast Pork & Vegetables*
Starch	*Parsley Potatoes*	*Mashed Potatoes*	*Steamed Potatoes*	*Hassel Back Potatoes*	*Chips*	*Mashed Potato*	*Roast Potato*
Vegetables	*Yellow & Green Beans*	*Peas*	*Green Beans*	*Savoury Braised Cabbage*	*Broccoli*	*Peas*	*Green & Yellow Beans*
Vegetables	*Baked Swede*	*Mashed Carrot & Parsnip*	*Steamed Pumpkin*	*Diced Cabbage*	*Carrots*	*Steamed Cauliflower*	*Roasted Pumpkin*
Dessert	*Apple Strudel & Custard*	*Beery & Pear Crumble w/Vanilla Custard*	*Lemon Syrup Cake w/Citrus Sauce*	*Fruit Bread & Butter Custard w/Custard*	*Sticky Date Pudding w/Butterscotch Sauce*	*Apricot Danish & Custard*	*Lemon Delicious & Cream*
Fruit	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*	*Fresh Fruit Platter*
Sandwiches	*Assorted*	*Assorted*	*Assorted*	*Assorted*	*Assorted*	*N/A*	*N/A*
Texture Modified Dessert	*Chocolate Mousse*	*Apple Pudding*	*Cherry Cheesecake*	*Lemon Mousse*	*Apple Crumble*	*Toffee Pudding*	*Black Forest Pudding*
JUICE IS PROVIDED WITH EACH MEAL							